



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONCORD YMCA SWIM LESSONS WITH BRADFORD PARKS AND REC AT FRENCH'S

Summer lessons:

July 6-July 17, 2 weeks Monday—Friday. (Lightning make ups following week if needed)

\$65 for the first child, \$55 for the second child * 30 minutes per lesson. (info. on financial aid is available upon request)

Certified Lifeguard watching over your child's lessons

Questions Contact:

• **Margaret L. Raymond**
margaretrraymond@gmail.com

Mail Registration form To:

Bradford Parks & Rec
PO Box 436
Bradford NH 03221

• **Jennifer Bonnett, Aquatics Director at**
jbonnett@concordymca.org



PRESCHOOL

(3 years - 6 years) • 30 minute class M-F
\$65 for the first child, \$55 for the second child
Pike (Beginner) First time swimmer; Fearful or a little timid; Needs flotation device to swim.

Eel (Beginner) Comfortable in water; Will put face/head under water. Can swim unassisted with flotation.

Ray (Intermediate) Can swim 10-15 feet without flotation device; Work on more refined strokes.

Mon-Fri
Pike 10-10:30am
Eel 10:35-11:05am
Ray 11:10-11:40am



YOUTH

(6 years - 13 years) • 30 minute class M-F
\$65 for the first child, \$55 for the second child
Polliwog (Beginner) Beginner swimmer; Learning to swim independently. Introduction to basic strokes

Guppy (Intermediate) Swims confidently, has passed deep end test. Beginning to learn proper form.

Off the block (Advanced) Child must have passed the deep end test. Must be proficient in front crawl, back stroke, breast stroke, butterfly, flip turns, starts and endurance swims.

Mon—Fri
Polliwog 12:15-12:45pm
Guppy 12:50-1:20pm
Off the Block 1:25-1:55pm



Q: How do I know what level to place my child?
A: Each child is grouped by age and skill. For an assessment call us we can determine skill levels over the phone.

Q: Where do I find session dates, registration dates, class times and prices?

A: In this brochure or you can email Bradford Rec Dept.

Margaret L. Raymond

margaretrraymond@gmail.com

Q: Does every child advance to the next level after completion of their session?

A: No, we expect each child to learn and progress at his or her own rate. At the final class, the child will receive a progress report from the instructor that explains his or her current skill level.

Q: How do I make sure my expectations are being met during the lesson program?

A: Talk to the swim instructor, or you can call the Aquatic Director, if you have a concern. We appreciate and welcome your feedback.

Q: What is the instructor to child ratio?

A: Our average ratio for preschool class is 1:5, and the average for youth class is 1:6.

Q: Does the YMCA offer make up lessons?

A: We will do our best to offer makeup classes in the event of lightning.

Q: Does the YMCA give refunds?

A: Refunds or credits requested BEFORE the 2nd class will be processed.

Q: Where can I register for swimming lessons?

A: With the Bradford Rec Dept.

Margaret L. Raymond

margaretrraymond@gmail.com

Updated 3.25.2015 JB



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CONCORD YMCA SWIM LESSONS WITH BRADFORD PARKS AND REC AT FRENCH'S PARK.

Release and Waiver of Liability and Indemnity Agreement

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I accept any and all responsibility for and assume the risk of any and all injury or damage to my person or belongings which might arise directly as a result of participation in or observation of any programs or activities. I understand that even when every reasonable precaution is taken accidents can still sometimes occur. I understand and expressly acknowledge that I indemnify and hold harmless the CONCORD YMCA SWIM LESSONS WITH BRADFORD PARKS AND REC AT FRENCH'S PARK its directors, officers, staff, volunteers, and agents from all liability for any injury, loss or damage connected in any way to participation in the Concord Family YMCA activities, for any purpose and regardless of location.

I agree to abide by the rules and regulations set forth by the CONCORD YMCA SWIM LESSONS WITH BRADFORD PARKS AND REC AT FRENCH'S PARK .

I understand this agreement is intended to be as broad and as inclusive as is permitted by the laws of the State of New Hampshire. I certify that I am familiar with and understand the contents of this agreement and that it is my intentions by signing this agreement that the same be binding not only for my, but my heirs, administrator, executors, successors, and assigns.

Name of Child: _____

Name Parent/Guardian: _____

Signature: _____ Date: _____

PHOTO RELEASE:

I give permission for my child/children to be photographed to be used for CONCORD YMCA SWIM LESSONS OR BRADFORD PARKS AND REC FOR publicity purposes.

_____ YES

_____ NO

Parent/Guardian Signature: _____

Please circle which class you would like to sign up for:

Name of student:

Name of parent:

Phone number:

Email Address:

Total due for lessons:

- Pike 10-10:30am M-F
- Eel 10:35-11:05am M-F
- Ray 11:10-11:40am M-F
- Polliwog 12:15-12:45pm M-F
- Guppy 12:50-1:20pm M-F
- Off the Block 1:25-1:55pm M-F