FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONCORD YMCA SWIM LESSONS
WITH BRADFORD PARKS AND REC AT FRENCH'S

Questions Contact:
Margaret L. Raymond
Margaretrlraymond@gmail.com
Mail Registration form To:
Bradford Parks & Rec
PO Box 436
Bradford NH 03221
(Info. On financial aid is available upon request)

- **Jennifer Bonnett, Aquatics Director at jbonnett@concordymca.org**

Summer lessons:

Evaluation day/ early bird for sign ups Thur. July 7th 9-12p
Early bird price $60 for the first child, $50 for the second child
Sign ups on first day of lessons July 11
$70 for the first child, $60 for the second child

July 11-July 22, 2 weeks Monday—Friday * Lighting / driving rain make ups July 25, 26 & 27th (if needed) * 30 minutes per lesson. *

PRESCHOOL
(3 years - 5 years) • 30 minute class M-F

Pike (Beginner) First time swimmer; Fearful or a little timid; Needs flotation device to swim.

Eel (Beginner) Comfortable in water; Will put face/head under water. Can swim unassisted with flotation.

Ray (Intermediate) Can swim 10-15 feet without flotation device; Work on more refined strokes.

Mon-Fri
Ray 11:15-11:45a
Eel 12:30-1p
Eel 1:05-1:35p
Pike 1:40-2:10p
Pike 2:15-2:45p

YOUTH
(6 years - 13 years) • 30 minute class M-F

Polliwog (Beginner) Beginner swimmer; Learning to swim independently. Introduction to basic strokes

Guppy (Intermediate) Swims confidently, Beginning to learn proper form.

Minnow (Advanced) Must be proficient in front crawl, backstroke, and breast stroke. learning butterfly.

Fish (Endurance Building, Water Sports) Proficient in front crawl, backstroke, sidestroke, breast stroke, butterfly, with an interest in synchronized swimming and wet ball skills.

Mon—Fri
Fish / Flying Fish 9:30-10a
Guppy / Minnow 10:05-10:35a
Polliwog 10:40-11:10a

Q: How do I know what level to place my child?
A: Each child is grouped by age and skill. For an assessment call us we can determine skill levels on the evaluation day July 7th.

Q:Where do I find session dates, registration dates, class times and prices?

A: In this brochure or you can email Bradford Rec Dept.

Margaret L. Raymond

Margaretrlraymond@gmail.com

Q: Does every child advance to the next level after completion of their session?
A: No, we expect each child to learn and progress at his or her own rate. At the final class, the child will receive a progress report from the instructor that explains his or her current skill level.

Q: How do I make sure my expectations are being met during the lesson program?
A: Talk to the swim instructor, if you have a concern. We appreciate and welcome your feedback.

Q: What is the instructor to child ratio?
A: Our average ratio for preschool class is 1:5, and the average for youth class is 1:6.

Q: What is the weather Policy?

A: We will cancel lessons if there is lightning or driving rain.

Q: Does the YMCA offer make up lessons?
A: We offer makeup classes in the event of lightning or driving rain. July 25, 26, 27.

Q: Does the YMCA give refunds?
A: Refunds or credits requested BEFORE the 2nd class will be processed.

Q: Where can I register for swimming lessons?
A: With the Bradford Rec Dept.

Updated 4.19.2016 JB

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CONCORD YMCA SWIM LESSONS WITH BRADFORD PARKS AND REC AT FRENCH'S PARK.

Release and Waiver of Liability and Indemnity Agreement

I accept any and all responsibility for and assume the risk of any and all injury or damage to my person or belongings which might arise directly as a result of participation in or observation of any programs or activities. I understand that even when every reasonable precaution is taken accidents can still sometimes occur. I understand and expressly acknowledge that I indemnify and hold harmless the CONCORD YMCA SWIM LESSONS WITH BRADFORD PARKS AND REC AT FRENCH'S PARK its directors, officers, staff, volunteers, and agents from all liability for any injury, loss or damage connected in any way to participation in the Concord Family YMCA activities, for any purpose and regardless of location.

I agree to abide by the rules and regulations set forth by the CONCORD YMCA SWIM LESSONS WITH BRADFORD PARKS AND REC AT FRENCH'S PARK .

I understand this agreement is intended to be as broad and as inclusive as is permitted by the laws of the State of New Hampshire. I certify that I am familiar with and understand the contents of this agreement and that it is my intentions by signing this agreement that the same be binding not only for my, but my heirs, administrator, executors, successors, and assigns.

Name of Child:_____

Name Parent/Guardian:_____

Signature:_____Date:_____

PHOTO RELEASE:

I give permission for my child/children to be photographed to be used for CONCORD YMCA SWIM LESSONS OR BRADFORD PARKS AND REC FOR publicity purposes.

_____YES _____NO

Parent/Guardian Signature:_____

Please circle which class you would like to sign up for:

Name of student:

Name of parent:

Phone number:

Email Address:

Total due for lessons:

- Ray 11:15-11:45a
- Eel 12:30-1p
- Eel 1:05-1:35p
- Pike 1:40-2:10p
- Pike 2:15-2:45p
- Fish / Flying Fish 9:30-10a
- Guppy / Minnow 10:05-10:35a
- Polliwog 10:40-11:10a